

Educational model to coach arts & crafts professionals to design and carry out crafts activities in elderly care

The relationship between the teacher and the elderly

!!! being aware of your personal perception/image of the elderly !!!

- good preparation
- introducing each other, getting to know each other
- respect
- awareness of hierarchy but being as equal as possible
- knowing good communication
- encourage communication between elderly

Society, how to influence the decision makers

Professional skills (arts & crafts)

- preparation (aesthetic)
- good presentation of the work
- co-creation: together with the elderly
- knowing which materials and techniques are suitable
- motivating the participants

Getting to know the target group: what is meant by elderly

- how/where to get this information
 - first of all: the elderly
 - residents in care home or live at home
 - social background
 - treating as adults
 - Condition: medical,
- awareness of personal backgrounds

cultural context & background

- general knowledge of cultural differences
- respect for different backgrounds
- knowing the care home culture
- developing own philosophy & culture in the workshop

The awareness of learning targets

- feedback
- trust & encourage the memory of the elderly (body&mind)
- empowering the learners
- flexible targets
- inner attitude; trust in learners & yourself & the target
- the main target: feel good about themselves
- opportunity to social interaction is a target
- opportunity to train motor skills
- the meaning of the product
- the main target & steps to achieve it

Good practice & examples

- previous successful/not successful projects in general
- previous studies
- learning in the process
- share the information
- cross disciplinary sharing of information
- previous projects in this particular place

Infrastructure & economic resources

- the staff must be available
- Legal aspects
- the working room & location
- the number of participants per teacher
- the material & costs = what is possible & be creative
- not too small items etc/suitability for elders
- gender issues: think about breaking traditional gender roles
- shared working spaces & equipment with other community members
- the atmosphere of the room (decoration)
- the light, temperature, furniture etc