

ART IS CHOCOLATE FOR THE BRAIN

In which way can art contribute towards maintaining and enhancing the quality of life of old and very old people?

“**Handmade – Wellbeing**” is a project initiated by the University of Helsinki in whose context KUNSTLABOR Graz of uniT worked together with elderly people in various residential homes in Graz and its surroundings to explore in which way creative and manual activity influences the wellbeing of the people involved. The experiences are reflected on in a meeting. The visible results are presented in an exhibition.

M E E T I N G

Theater am Lend, Wiener Straße 58a, 8020 Graz

Thursday, 13 October 2016

09:30 – 16:00



Followed by a visit to the exhibition:

“**Art is Chocolate for the Brain**”

Venue: **Schmiede 36**, Schmiedgasse 36, 8010 Graz

Imprint:

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Supported by:



- 09:30 Come together in the foyer
- 10:00 **Welcome address** by **Birgit Strimitzer-Riedler, Ph.D.**
Regional Government of Styria – Head of Department 8 Health, Healthcare and Science
- 10:15 **The contribution of art in the social field**
How can art respond to social challenges?
Kai Lehikoinen, Ph.D.
(Theatre Academy, University of the Arts Helsinki)
- 11:00 Break
- 11:15 **Presentation of work experience gained by KUNSTLABOR Graz**
- 11:30 **Between occupational therapy and participatory art project**
Where are there commonalities in the approaches and what is the added value of interlacing them?
Moderated discussion 1 with Daniela Leitmayer (Occupational Therapist, Residential Home Eggenberg) and artists from **KUNSTLABOR Graz**
- 13:00 Lunch break
- 14:00 **Presentation of work experience gained by KUNSTLABOR Graz**
- 14:30 **Is art capable of anything? What is art capable of in the social field?**
In what way does continuous cooperation with artists influence work and life in a residential and nursing home? *Moderated discussion with Franz Pechmann, M.A.* (Director, Residential and Nursing Home Graz St.Peter) and artists from **KUNSTLABOR Graz**
- 15:00 **Is this art?**
Work in the social field from the artistic perspective and the question of the way in which this kind of work can be trained for in different sectors
Prof. Barbara Putz-Plecko
(Vice Rector for Artistic and Scientific Research and Quality Development, University of Applied Arts Vienna)
- 15:30 **Final remarks**