



Schedule for Handmade Wellbeing Learner Week Hosted by Superact in Exeter

VENUE: Exeter Community Centre

The Ballroom

17 St David's Hill

Exeter EX4 3RG

Contact – Tracy Hill, Project Manager - +44 (0)7817 210544

Monday February 8th

09.00 Participants arrive at the Exeter Community Centre

Coffee reception

10.00 – 12.00 Welcome to Superact - Tracy Hill (TH), Ali Smith (AS) Stuart Packer (SP).

Presentation of Superact and its activities.

12.00 - Introduction to the Superact exhibition. TH & SP

13.00 – Lunch and reflection on the morning session.

14.00 -18.00 Project Management meeting -TH, Sirpa Kokko, representatives of each Partner organisation.

14.00 Participants' afternoon in Exeter. SP hosting.

18.00 - Project evening gathering in Exeter, discussing the week ahead. TH, AS, SP from Superact & all the participants.

Tuesday February 9th

9:30 – 11:30 Project Management Meeting; Sirpa Kokko, TH, and a representative of each Partner organisation.

10:00 Participant session – “Reflections about the approaches in ACDC project” – SP

11.30- Willow Weaving workshop for participants with Sarah Le Breton supported by Stuart Packer

13.00 – Lunch and reflection on the morning’s workshop.

14.00 – 15:15 Lecture: Therapeutic knitting/crafts. Betsan Corkhill (The Physiology of Creative Intervention)

15:30 - 16:30 Workshop session: Working in care environments with Janine Stedman and Helen Webb

16:30 – 17:00 Discussion and reflection on this afternoon’s workshops.

Free evening

Wednesday February 10th

AM – Visit: Observing workshop in Greenhills Residential Care Home, Newton Abbott (Guinness Partnership Home)

PM – Presentation of the previous successful project of Superact: ACDC

Free evening

Thursday February 11th

AM – Visit: Observing workshop in Day Care Centre – The Orchard Day Centre (participants living with MS and Parkinsons) – Guinness Care setting.

PM – Cultural activity: Visit to Devon Guild, Bovey Tracey, Devon (exhibition and workshop space for local crafts people)

18.30 Final Project Dinner in Mill on the Exe restaurant. An opportunity to reflect on the themes of the project covered during the learner week.

Friday February 11th

9:00-10:15 Project Management meeting- TH, Sirpa Kokko leads meeting with representatives of each Partner organisation. Setting dates for future work.

10:15-12:30 Joint reflection on the whole learner week and next steps workshop session in Exeter. “The Way Forward”

12.30 am. Closing the activities.

12.30-14 lunch