

The Learning Diary

Instructions

- The diary is free-form, not scientific text (but please cite literature, if it feels appropriate)
- You can write whenever you feel like it
- Suggestions when to write
 - After activities, e.g. meetings with project supervisors, fellow students/artists, the older people and the care staff
 - After reading, seeing or hearing something that provokes thoughts on the subject
 - After workshops
- In your diary you can reflect on
 - Thoughts & ideas about working with older people
 - Thoughts & ideas about crafts and wellbeing
 - What have you learned
 - What made you think
 - What kinds of questions arose
 - What promoted your learning and planning/carrying out the workshop
 - What hindered your learning or planning/ carrying out the workshop